



DIAMOND JUBILEE BIRTH ANNIVERSARY

# Sat Sandesh

November 2021  
Volume 54 Number 11

The Message of  
Science of Spirituality

Front cover: Sant Rajinder Singh Ji Maharaj.

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Recent articles by the spiritual Masters adopt gender-neutral language. Articles taken from works published by the spiritual Masters before

widespread use of gender-neutral language may refer to God and humanity using masculine pronouns; however, the spiritual Masters intended those references to encompass women and men.

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DIAMOND  
JUBILEE  
MESSAGE

# Be Conscious. Be Connected. Be Caring.

by Sant Rajinder Singh Ji Maharaj

During the Diamond Jubilee virtual program, Sant Rajinder Singh Ji Maharaj gave many talks and messages, some in Hindi and some in English, which were translated into multiple languages. Throughout this Diamond Jubilee year, *Sat Sandesh* will be publishing translations and excerpts of some of those talks and messages.



I want to thank all of you for your warm and loving wishes sent from all over the world who are joining for this special virtual online program we have been holding. It is heartwarming for all of us to be together even if the program is virtual. Due to the pandemic we are not able to gather together for a large in-person program so instead we are meeting through the wonders of technology for this special occasion.

We know that on the Diamond Jubilee of Sant Kirpal Singh Ji Maharaj in 1969 in Delhi, he gave a special message commemorating his 75th birthday. That message has become famous and recited many a time by people all over the world for the past fifty years.

For this Diamond Jubilee program, I have also been asked to give a message that captures the essence of leading a fulfilling life focused on spirituality and meditation. Giving it a lot of thought, I felt that for these current times, this message would capture a life that would lead to self-knowledge, God-realization, and lasting peace and joy.

The message I want to share for this occasion is:

*Be Conscious. Be Connected. Be Caring.*

Today we will explore the meaning of each of these three phrases and how we can incorporate them into our lives to attain happiness and fulfillment. We will also look at Sant Darshan Singh Ji Maharaj's verses and reflect on their meaning.

What makes Sant Darshan Singh Ji Maharaj's poetry move our hearts is that he wrote from his own spiritual experience. His own soul was soaring high into the spiritual regions and he was able to express his inner experiences through his words. He experienced the full range of spirituality, from yearning for God to the bliss of union with the Creator. Within the high notes and

low notes of that experience are many other notes and tones. He experienced so many of them in his life that we are able to relate to many of them in our own lives. He could capture those experiences in a few words. His language is deep and offers many shades of meaning. Whoever reads his words can find something in them that carries a message for him or her. It can be read on many levels at once, from the physical to the most sublime spiritual level. This is what makes his writings timeless and accessible to people of all walks and all stages of life.

When we think of spirituality, many consider it as a topic out of the



# *Diamond Jubilee Birth Anniversary*

**Sant Rajinder Singh Ji Maharaj**

Virtual Worldwide Celebration • September 18 – 20, 2021

## Science of Spirituality



reach of people of modern times. We think spiritual consciousness is the domain of only the great saints and enlightened beings who had divine revelations or inner experiences. But spirituality is within the reach of every human being. It was Sant Darshan Singh Ji's goal that spirituality not only be the sole right of those in the East but that it would be available to the entire world. This was his graciousness. It was not to be kept only for a few; he wanted it to be a gift to the entire world. He devoted himself to making spirituality and meditation understandable to people in modern times. He showed humanity what we too can also achieve through the simple practice of meditation.

Sant Darshan Singh Ji's poetry takes us far beyond the experiences of the physical world. While most

poets speak of their impressions and feelings and the deepest of emotions, Sant Darshan Singh Ji writes of experiences he has had in the spiritual realms within. Having attained the highest spiritual goal a human being can reach in life, Sant Darshan Singh Ji uses the medium of poetry to give us glimpses of vistas and regions far above this physical realm. Reading his verses not only gives us an intellectual understanding but carries our spirit to spiritual heights as well. He took us to new dimensions and revealed to us the secrets of the worlds beyond.

As we explore the meaning of being conscious, connected, and caring, I would like to recite some of the verses of Sant Darshan Singh Ji Maharaj that help us understand how and to inspire us in how we can become conscious, connected, and caring.

## *Be Conscious.*

The first two words are "Be Conscious."

What does it mean to be conscious?

We are referring to being conscious at the level of the soul. Our true self or soul is conscious. God is an infinite ocean of all-consciousness. We as souls are drops of that limitless ocean. Tapping into who we are at the level of soul leads to higher states of consciousness.

Attaining higher consciousness means opening up to be aware of all the gifts within us. The treasures waiting for us are lasting peace, eternal

happiness, inner wisdom, and divine love.

The outer expression of the soul is attention. Right now, our attention is focused on the outer world. We are receiving impressions through our senses of sight, hearing, smell, taste, and touch. This leaves us unaware of what lies within us. By shifting our attention from the outer world to inner awareness we then attain a conscious state. We can see and hear inner Light and Sound, a current on which we can experience inner vistas

and reach oneness with the Creator.

God is all consciousness, all bliss, and an ocean of love. We are drops of God and made of the same essence. By merging in the ocean of God, we are bathed in consciousness, bliss, and God's love.

Think about living every moment of life in that state of higher consciousness. We would find that the outer pains and sorrows of life that drown us are replaced with a state of being drenched in never-ending joy and bliss. We may not be able to stop what is happening in our outer lives, but we can deal with them because we are strengthened from within with a peace and joy that sustains us. Like a parent who lovingly holds a child on his or her lap when he or she is hurt to calm the child down, the inner consciousness keeps us in a state of equipoise and balance as we face life's hurdles.

The big question is, "How can we become conscious?" The highest goal of meditation is to help us become spiritually aware and conscious. While meditation provides us many benefits such as relaxation at the level of our physical body and mind, its sweetest fruits include leading us to spiritual consciousness. Meditation on the

inner Light and Sound can give us super-consciousness and fulfill our life.

In one of Sant Darshan Singh Ji Maharaj's verses he describes how through meditation, we achieve self-knowledge and God-realization, making us spiritually conscious. He says:

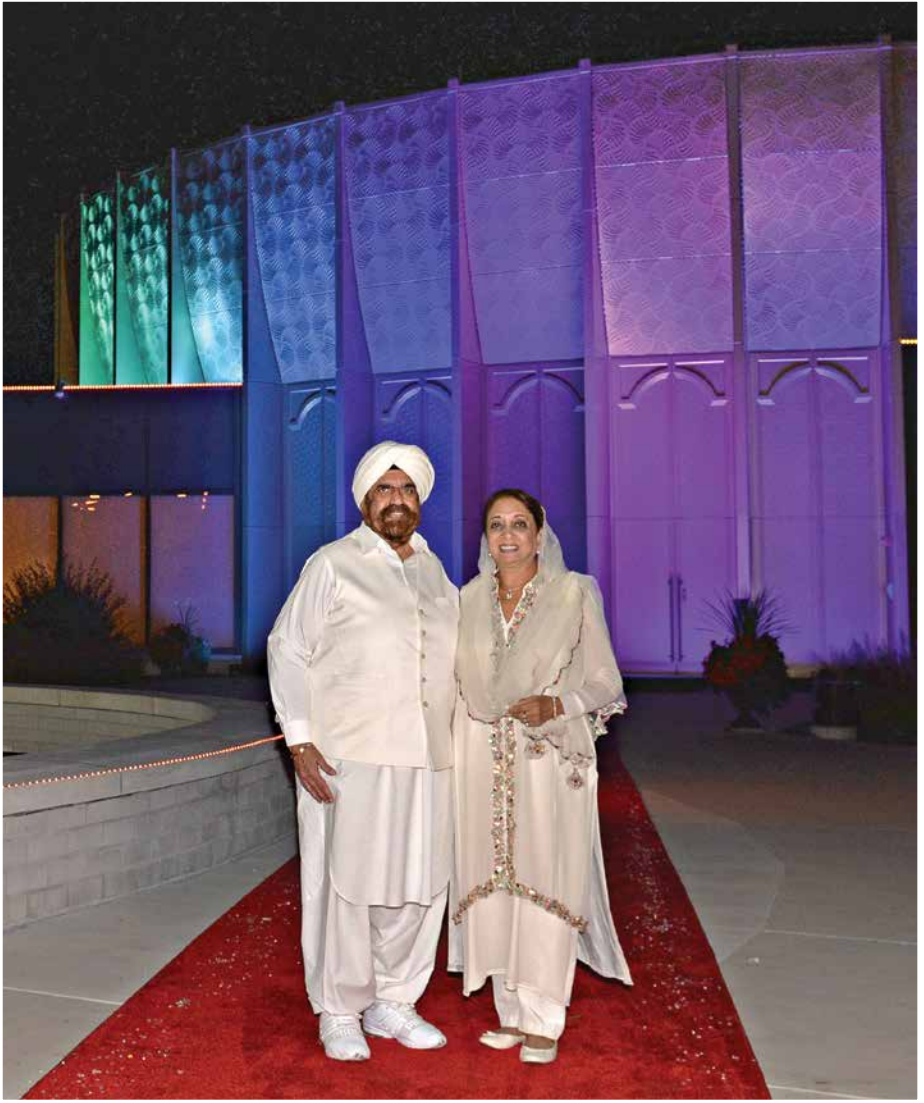
*We are drops of the same  
fountain of divine beauty;  
We are but waves on the great  
river of love.*

These are not empty words; these are expressions of the inner experience Sant Darshan Singh Ji had when he attained spiritual consciousness. Sant Darshan Singh Ji could shift his attention from awareness of this world to spiritual awareness. Through meditation, he traversed the inner regions until he reached the highest spiritual realm of

God-realization. It is a realm of godly love, Light, and all-consciousness.

He has used analogies familiar to us in this world to give us a sense of what it is like in the lap of God. He uses the imagery of a fountain of divine beauty. God is a fountain—a fountain of Light and love. All the souls in creation are but drops of God sent out to experience the various realms





of existence. We are drops of the same fountain. Imagine witnessing such a splendid sight! It brings about a deep awakening. We are not separate. All of us are drops of the same fountain. Whether we are encased in the body of a person from India, America, Africa, or Europe, the essence within is the same. They are all the same at their

very core. They may look different, act differently, and speak differently, but the essence moving each person is the same drop of God. It is but God in multiple forms. Being conscious means experiencing God and how all are drops of the one Creator.

When he describes that we are waves on the great river of Light

he is describing a state of higher consciousness that he experienced. On his inner journey, he recognized how all souls journey on the river of Light that flows from God through all the regions of creation. He was conscious of how all the souls also journey back to God on the current of Light and Sound. This river flows out from God and also returns to God. We can tap into this river each time we sit in

meditation. The entry point for the river is at the seat of the soul between and behind the two eyebrows. If we can still our body and mind long enough, our consciousness will focus on the entry point and become immersed in the river of Light. This river will take the soul to the higher spiritual realms until it ultimately merges with God.

## Be Connected.

The second two words of my message are: "Be Connected."

Being connected has many meanings. There are different ways in which we can be connected.

Being connected begins with connecting our soul with God. Through meditation, we can reconnect our soul with God, the Source from where we all came.

When we connect with God, we automatically become aware of being connected with all humanity. Within each person is a soul who is a drop of God. Think of a powerhouse, where electricity is generated. That electricity connects to every electric outlet at which electrical devices are

plugged in. That electrical power is feeding all electrical devices. They may all be different devices, looking different, but they are all running on the same power source. In the same way, God is the powerhouse, and each

of us is connected to it through our soul, which is our true self. We all may look different, but we are all connected at the level of soul to the one powerhouse which is the Creator. Through meditation on the inner Light and Sound we achieve self-realization which means experiencing ourselves as soul, our

true self. We then see ourselves as Light. Through this experience, our vision opens to see that same Light



of God shining in all. Thus, whoever we meet, we witness that Light of the Creator shining in them. We see how each person, like us, is connected to the same one Source. This gives us an awareness of how we are connected with all people.

Through meditation we also experience that the same Light in us powers every living thing in creation. Each living form, whether animal, bird, fish, reptile, or any other living form, is powered by the energy of God's powerhouse. Thus, they too are a part of God's silken network of creation. When we realize that a drop of God resides in every living form, we realize our connection to all creation. Think of how different this world would be if every person at the level of soul recognizes his or her connection to all forms of life. We would treat all with love and nonviolence.

We would also be connected to our planet. We would recognize the miracle of Earth that God created and how it sustains all human beings and all forms of life. We would marvel at all the amazing systems God created from the water cycle, to how plants provide oxygen for us to live while the plants live on the carbon dioxide we give off. We would recognize the amazing systems in our human body from our beating heart to blood circulating and carrying oxygen to all parts of our body and removing wastes, to our brain and nervous system, to our digestive system, and the miracle of having children. Through meditation, we would see the

hand of God in all these miracles of creation. When we do so, we would then have respect for the planet and make sure we sustain and share its resources for not only our generation but for all future ones.

Be Connected also refers to connecting with each other all over the world. It means connecting East and West, North and South. It means connecting with people of all countries and backgrounds. This includes having love and respect for all. Be Connected means finding unity in diversity. Just as all flowers in a garden look beautiful and give us lovely scents, no matter how different their size, shape, and color, so are all people beautiful as they are all expressions of God. Thus, we lead our lives lovingly by connecting with all people no matter from what part of the world we each come.

Be Connected also means connecting with each individual person we meet. How can we connect with others? It means that when we meet someone, we do not just pass them by. We greet them and treat them as a member of the family of God. We live up to the beautiful verse of Sant Darshan Singh Ji Maharaj where he tells us to embrace every human being as our very own and shower our love freely wherever we go. Think of how happy we feel when others greet us in a loving way. Just as we feel good when someone does that to us, we in turn can reach out to connect with all we meet, whether family member, friend, neighbor,



co-worker, or even strangers.

"Be Connected" also means to make use of resources and the many channels of communication available for connecting with each other even if we cannot meet them personally. During this global pandemic when we have our weekly Global Meditation in Place and other worldwide broadcasts, we have been able to connect people through technology and media. We can be connected in ways that can help us become aware of the value of becoming conscious, such as reading inspiring books, listening to audio downloads or watching videos, connecting with others who can keep

us motivated to become conscious, such as through phone, text messages, email, or websites, and online meeting sites. We can connect through various social media platforms. In this way, even during this global pandemic, we do not have to be isolated, and we can reach out to help others not feel so lonely.

We can see how our lives and those of others can be transformed in a positive way by living up to the two words of "Be Connected."

Another of Sant Darshan Singh Ji Maharaj's verses shows how through meditation on the inner Light and Sound and achieving spiritual

consciousness we can experience connectedness of our soul with God, and our soul with all of God's creation. Sant Darshan Singh Ji Maharaj says in this verse:

*We are diverse blossoms in the  
Garden of the Lord,  
Who have gathered in the same  
valley of Light.*

This verse beautifully describes what connectedness means. This is more than just a poetic image. This is a glimpse into what Sant Darshan Singh Ji Maharaj has experienced in meditation in which he soared through the spiritual realms within. There, he witnessed the garden of God. This is the magnificent region of God's abode, a realm of eternal bliss and peace. In this garden are many souls, who have gathered in this valley of Light. They are basking in God's love and grace. When these souls return to awareness of their physical consciousness, they are truly diverse. In their essence, they are one, but in their encasements, their human bodies, they are diverse. We come in many shapes and sizes. Our bodies may be different, but our souls are one. We can each experience this connectedness when we meditate, traverse the Light and Sound Current back to God, and merge in God.

The process of attaining spiritual consciousness leads us to a state of

connectedness. When we feel we are all one family, it puts an end to conflict. We realize we are one family and the whole earth is our shared home. We then no longer think about grabbing things for ourselves at the expense of others. We recognize that as one family, there is no reason for conflict. Living with a feeling of connectedness brings with it bliss and peace. We can then leave the troubles and stresses of the world behind. We experience a profound peace and love that we never experienced before on this planet. This love for all and connectedness fills our whole being, and we start to radiate it to everyone we meet. As the flame of love ignites other flames, eventually the whole world will be illumined. This is the way in which connectedness leads to the light of peace that can be passed from one person to the next.

We start to have regard and respect for all. If we are open-hearted and open-minded, we would see that connectedness leads to respect and tolerance for all, and peace will prevail on our planet.

At this Diamond Jubilee let us not only talk of connectedness; let us experience it. We can do so by turning within. Through the simple process of meditation, we too can enjoy the same inner experience and explore the realms of beauty and bliss within.

# Be Caring.

The last two words of the message are “Be Caring.”

This is the culmination of living up to the first two phrases of "Be Conscious" and "Be Connected."

The fruits of consciousness and connectedness is that we become caring. What does life look like when we become caring? Caring is another word for having love for all that expresses itself as helping and performing selfless service for others.

Caring begins with loving God and serving God. God is the universal parent and when we love God it means we remember God all the time. It means that we are grateful to God for all God's gifts. It also means that when we love God, we also love all God's creation as God's children. If we can live up to being caring, we would be loving God and all creation.

When we care about and love others, we want to help them. We want to remove their pain and suffering. When we care about our child, we want to do everything possible to help the child and

make sure we take care of all his or her needs. When we care about our family, friends, neighbors, or co-workers, it means we want to help them in any way we can.



There are many ways in which we can be caring. Whether it is merely giving them a shoulder to cry on, an ear to listen to their problems, or helping them with basic needs like food, clothing, transportation, or financial support, it will alleviate their pain. We can help others physically, intellectually, or

financially.

We can provide physical help to people who are ill or need assistance by bringing them groceries, lifting heavy packages, cooking, or shopping for them.

We can provide intellectual help whether we teach or tutor someone so they can learn a skill or subject. We can listen to their problems and help them solve them. We can help them understand technology like logging on to a website or using a digital device.

We can help people financially

with support when they cannot afford something themselves.

There are numerous ways we can put the words “Be Caring” into action to help people we know.

We can also be caring to those we don't know, such as strangers. With modern technology, the world has become knit closer together and we are aware of what is happening all over the globe. With this expanded awareness of other people's lives throughout the world, we know of the many challenges people face. This pandemic has made us aware of the interconnectedness of all life, as we saw how a virus in different parts of the world has spread to all parts of the world. We also see that we cannot just help one group of people but must help all people to finally eliminate the pandemic.

We also witness people who we personally don't know suffer natural disasters, hunger, poverty, homelessness, and being orphaned. We see how people do not have access to health care or places where hospitals are overrun with people suffering from the pandemic. We can provide support to help them expand their medical services outside a hospital. There are countless ways in which at our own level we can be caring to strangers. Whether we provide financial help to those in need or we make protective gear for first responders, there are many ways to show that we care.

This next verse by Sant Darshan Singh Ji Maharaj describes how

through meditation, becoming conscious, and experiencing our connectedness we become caring. Sant Darshan Singh Ji Maharaj says in this verse:

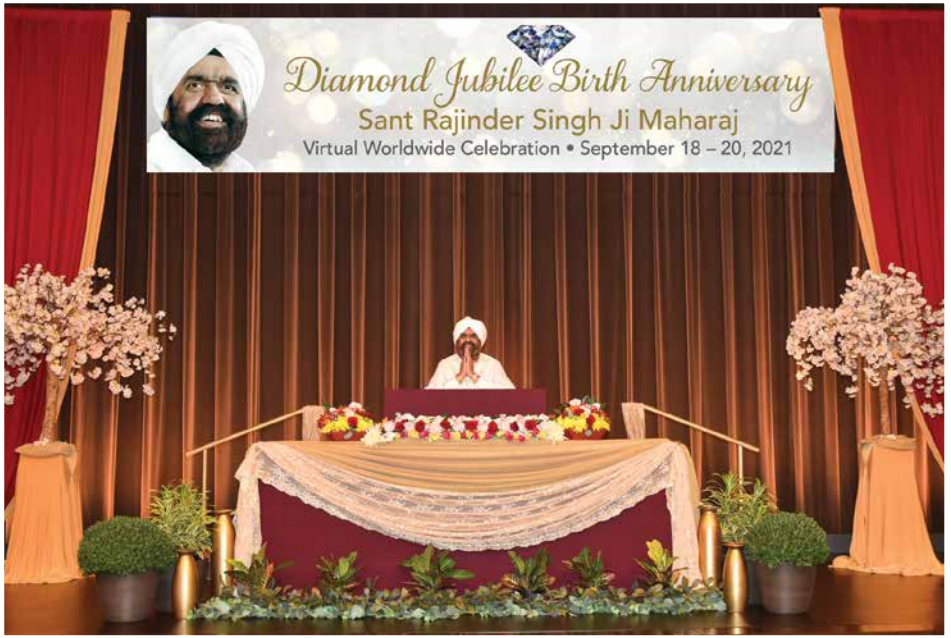
*We who dwell on this earth  
belong to one humanity;  
There is but one God, and we  
are all God's children.*

When we live up to the meaning of this verse, we truly become caring. It is through meditation that we can see the same Light of God peeping through every eye. It is through meditation that we see our connectedness and start to care for all. This is how we can bring about peace on our planet.

Meditation awakens us to the fact that we are all part of one humanity. It does not matter what color is our hair, eyes, or skin. It does not matter if we are short or tall or in between. It does not matter if we are of one gender or another. It does not matter what country we come from or what language we speak. We are all part of one family of God. When we meditate and see for ourselves that we are one human family, we begin to care about each other.

When we care about each other and love each other, we develop compassion for all.

We can then feel the pain in the heart of others. This moves us to help people in need. We cannot bear to see anyone suffer so we begin to help others selflessly. This means we don't expect any material reward for the



help we have given. We do so because we know it is the right thing to do. We do so because we know that the person needing help is at the level of soul a part of one family of God. That person is also a child of God. Thus, when we help others we are serving God's family.

When we each can be of service to others, then all in this world will be cared for and looked after. The conflicts arise when we think of each other as separate and not worthy of help. But if each person helps the next person and that person helps someone else, then like a ripple effect we will find a world where all who need it receive support and the world will be a joyous, place for all.

If everyone lived up to the words, "Be Caring," we would find we would help each other and make the lives of all people better, happier, and more

peaceful.

At this special gathering, the best gift is for each of you to inculcate in your lives these words: Be Conscious, Be Connected, Be Caring. By doing so, you will find that being conscious leads you to fulfilling the highest purpose in life: meditating on the inner Light and Sound to attain self-knowledge and God-realization that will bring peace and joy into your life; being connected leads you to share that peace and joy with all humanity and all creation as one family of God; and being caring inspires you to reach out to help each other to make each life better and make the world a better place for all.

I pray that with God's grace each one can live up to the message to "Be Conscious, Be Connected," and "Be Caring" and experience the bliss, peace, and love of being one with God. §

# VIRTUAL WORLDWIDE CELEBRATION



Enter the Center's front door and begin your exploration in the lobby.



**Enter**

In honor of Sant Rajinder Singh Ji Maharaj's Diamond Jubilee Birth Anniversary, the global sangat collaborated on an interactive, immersive, online virtual fair that showed the incredible scope of Maharaj Ji's inspiration, grace, and love.

Presented in English, Spanish, German, and Hindi, this media experience was a virtual feast of SOS organizational and spiritual content. The screen captures on these four pages cannot do justice to the depth of content and the enjoyment and upliftment of exploring this first-of-its-kind global, communal, online experience.



Visit the Welcome Center for information, access to satsang, and many other features.



In the virtual Satsang Hall, enjoy real-time satsang or replay one of Maharaj Ji's Diamond Jubilee discourses.



A 7-gallery museum-like multi-media exhibition covered Sant Rajinder Singh Ji Maharaj's life and mission.



Interactive booths hosted news and activities from each SOS global region as well as global selfless service activities of Science of Spirituality.



Enter



Above and below, example Interactive booths for North America & India.



The virtual meditation sanctuary was always open, offering instructions by Sant Rajinder Singh Ji Maharaj in multiple languages.

An online media store offered a new release from Mata Rita Ji, Diamond Jubilee videos, books, and many other selections.



by Sant Darshan Singh Ji Maharaj



*The following are excerpts from classic talks given by Sant Darshan Singh Ji Maharaj (1921-1989) on the subject of birthdays given on occasions where he was celebrating the birthday of Sant Kirpal Singh Ji Maharaj (1894-1974).*

**T**oday we are celebrating the birthday of our great spiritual Master, Sant Kirpal Singh Ji Maharaj, whose radiation of love embraced all humanity. His teachings were universal. He came for the salvation of humanity. His largess was not for any particular sect or community or country; he came for the whole world, and the whole world benefitted by his teachings, and by his grace. He distributed the Light which he got from his great mentor Hazur Baba Sawan Singh Ji Maharaj, and he distributed this wealth of spirituality with both hands not only in India but in all countries of the world, wherever he went.

He did not make any distinction between a sinner and an upright person, rich or poor, white or black. He did not even take note of the fact that a person believed or did not believe in God. He came in the line of saints who are benefactors of humanity, and who do not see or recognize any difference between one person and another on account of their caste, creed, or color.

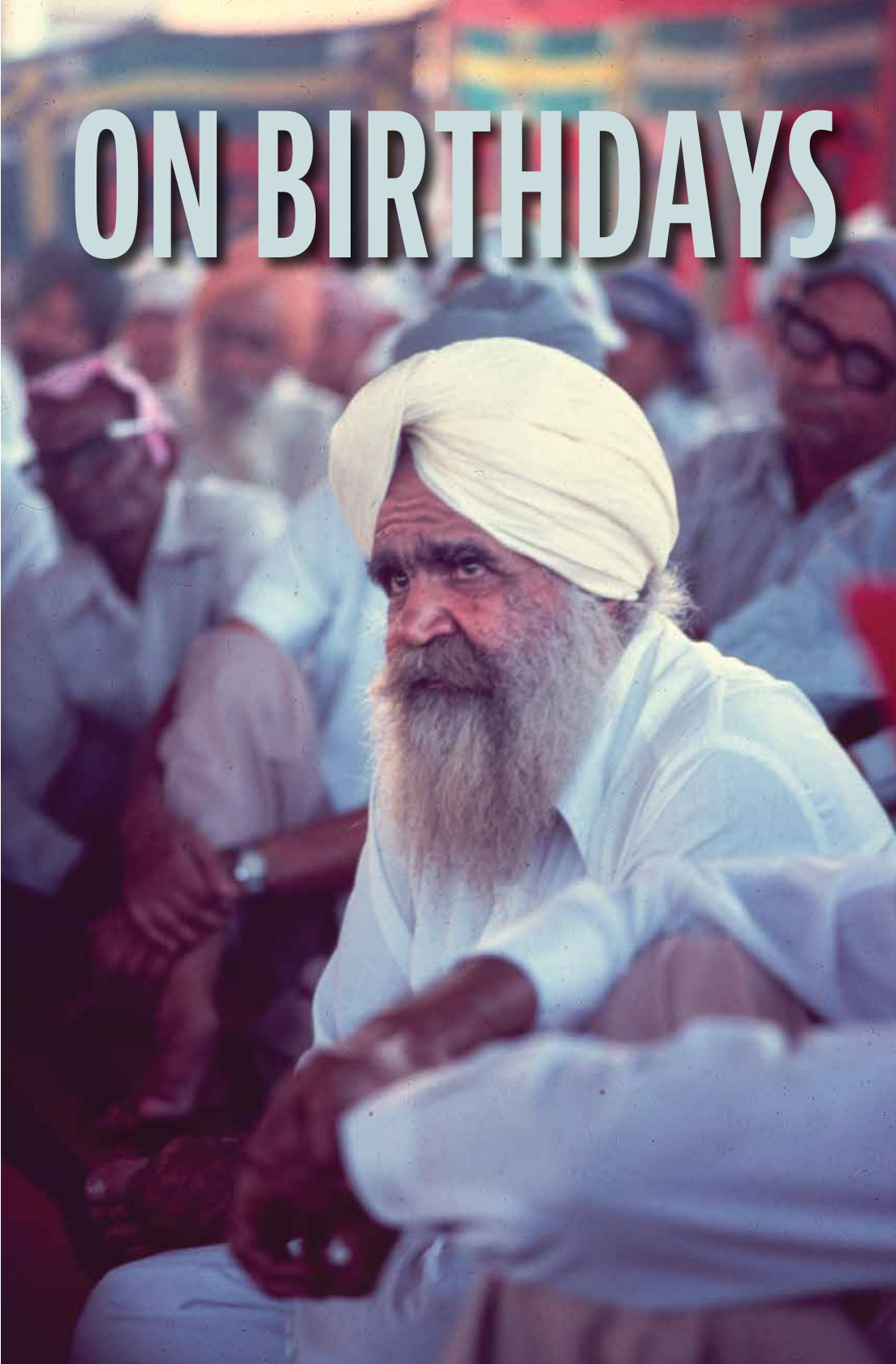
I have expressed his main work in a couplet:

*It is a miracle of your boundless  
grace, O spiritual Master,  
That you have taken in hand the  
souls long separated from God  
and you have led them back  
to God.*

This was the supreme mission for which Sant Kirpal Singh Ji, and all saints before him, came to the world. He put millions of people on the way back to God. He was a perfect human being and a perfect saint in one. Wherever he went, he showered love on one and all....

Sant Kirpal Singh Ji used to say that each disciple he initiated was like a lamp lit in this world to dispel darkness. He expected every disciple to give out the light of the spiritual Master—that whoever saw the disciple should see in him some glimpse of the spiritual Master, some light of the spiritual Master, and receive some fragrance of the spiritual Master. In this way we could serve as messengers of the spiritual Master, and this

# ON BIRTHDAYS



was the only way we could help in spreading the message of the great spiritual Master. He enjoined us to cultivate and develop human qualities, to become spiritual men and women.

The path Sant Kirpal Singh Ji showed us is the path of unchangeable permanence. It has never changed; it can never change. The true path is handed down to us. It is an eternal path.... The same path remains true even now, and it will remain true always.

So, the core and crux of Sant Kirpal Singh Ji's teachings is that we should cultivate true human qualities, for unless we become perfect, we cannot become divine....

Birthday felicitations should only be for those of us who have reached the goal, or for those few lucky souls who are moving rapidly towards their eternal Home. But truly speaking, most of us have not even started our journey. A spiritual Master can, through his lyrical glances, put us on the spiritual path. We should take the opportunity of this occasion to review our life and see if we have moved forward towards our goal of merger of the soul with the Oversoul. If we have not, we must not only seek the guidance of the spiritual Master but incorporate his teachings into our lives as well. The spiritual Master will bring home to us the fact that we should strive to reach our goal as fast as possible, so that in this very lifespan we may be able to achieve the true aim of life.

Those who are present here today

are most fortunate. Some of us have received initiation by the great Hazur Baba Sawan Singh Ji while many others have been initiated by the beloved spiritual Master Sant Kirpal Singh Ji. And those who are receiving the gift of the inner Light and Sound presently are being initiated through the grace of the great spiritual Masters. Hazur Baba Sawan Singh Ji would often remind us that we are thrice blessed: first, because we have been blessed with the human body; second, because we have been drawn to the lotus feet of the perfect spiritual Master; and third, because he has been gracious enough to grant us the inner Light and Sound. It is, therefore, incumbent upon us to live up to the teachings of the spiritual Master, namely, to sit for at least two and a half hours in meditation daily and do introspection. By doing so, we shall receive everlasting bliss and intoxication.

The path of life is full of innumerable temptations and these can only be overcome through the grace of a spiritual Master who can guide us safely Home....

Ultimately, the soul realizes that a spiritual Master is the embodiment of love. God is love, the spiritual Master is love, and our soul, being a part of the Oversoul, is also love. And the way back to God is through love....

A human can only be truly called a human if they love the entire creation. But we can attain this stage only when we are able to see God manifest in all of creation, be it a person, animal,



Ultimately, the soul realizes that a spiritual Master is the embodiment of love. God is love, the spiritual Master is love, and our soul, being a part of the Oversoul, is also love. And the way back to God is through love....

reptile, or flower. Only when a human attains spiritual consciousness can he or she liberate their soul and be one with God. We should strive to attain self-realization and God-realization in this very lifetime....

It is my fervent wish that we cover our journey in the shortest possible time and I pray to the great spiritual Masters that they bestow on us the ability and grace to achieve our goal in this very life. §



# Jubilee CD Release

Mata Rita Ji graciously gifted Maharaj Ji and the sangat a new CD collection of her singing shabads from the scriptures offered at Maharaj Ji's various satsangs. The disc was available through the Diamond Jubilee Media Store during the event and can now be ordered through the distribution department at the International Meditation Center in Lisle.

# Science of Spirituality Literature

by Sant Rajinder Singh Ji Maharaj

Abode of the Beloved			\$18.00
Building Bridges through Meditation: Address at the United Nations, May 2, 2016			7.00
Meditation as Medication for the Soul** ** Also available as Amazon Kindle e-Books			18.00
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Spiritual Pearls for Enlightened Living			15.00
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about Sant Rajinder Singh Ji Maharaj			
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Flowering of Grace: Lives Touched by the Love and Compassion of Sant Rajinder Singh Ji Maharaj			20.00
Joy in Africa: Sant Rajinder Singh Ji Maharaj's First Visit			8.00
Beloved Journey			8.00
Brief Biography of Sant Rajinder Singh Ji Maharaj*			2.00
A New Generation of Peacemakers			5.00
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**A**t this special gathering, the best gift is for each one to inculcate in your lives these words: Be Conscious, Be Connected, Be Caring. By doing so, you will find that being conscious leads you to fulfilling the highest purpose in life: meditating on the inner Light and Sound to attain self-knowledge and God-realization that will bring peace and joy into your life; being connected leads you to share that peace and joy with all humanity and all creation as one family of God; and being caring inspires you to reach out to help each other to make each life better and make the world a better place for all.

—*Sant Rajinder Singh Ji Maharaj*