

Usher in the Spring with four great



Vegetarian Cooking Classes

at

Science of Spirituality Meditation Center
2950 Arizona Avenue NW, Washington DC 20016

Saturday, Mar 25 th 2017	1:00 -- 2:30 pm	<i>Tex-Mex Cuisine</i>
Saturday, Apr 1 st 2017	1:00 -- 2:30 pm	<i>Indian Cuisine</i>
Saturday, Apr 8 th 2017	1:00 -- 2:30 pm	<i>Italian Cuisine</i>
Saturday, Ap 15 th 2017	1:00 -- 2:30 pm	<i>American Cuisine</i>

Demos • Recipes • Food Samples • Tasting • Q & A

Classes are **FREE** but seating is limited. So, advance registration is required. Please register for one or more classes, or for the entire series, at DCInfo@sos.org



Event Sponsored by Science of Spirituality

Science of Spirituality is a global, nonprofit, spiritual organization dedicated to transforming lives through meditation, under the direction of Sant Rajinder Singh Ji Maharaj